

10 CLUES YOU ARE STRIVING FOR PERFECTION

1. Lack of Joy – A perfectionist knows how to pull the joy right out of the room. A key sign of this is when those around you are miserable. Lack of joy can happen when we become so focused on the goal, we can't enjoy the journey.

2. A Keen Eye for Mistakes - You finish a project, and your eye immediately goes to what you have done wrong.

3. Obsessing Over Making It Better - You find yourself going back to redo many of the things you completed well the first time.

4. Highly Critical of Yourself - Feeling like you never quite measure up.

5. Procrastination – You struggle with getting started on a project because you want things to be precise. You spend enormous amounts of time planning just how you will do it instead of just starting it.

6. Never Enough Attitude - Can't let good enough be enough - you spend enormous amounts of time on projects when it was good enough hours ago.

7. Feeling Inadequate as a Person - Being who God created you to be is difficult. You are constantly looking around at others and wishing you could be more like them.

8. Expectations are Unreasonable - What you expect out of yourself is so high it becomes unreachable.

9. People Pleaser - Of course we want people to like us. It is when we go to great lengths to try and make everyone happy. When we consistently become consumed with what others think of us.

10. Exhaustion - You are just plain tired of the life you are leading. When your guests arrive, you are so exhausted from preparing your home you can't wait for them to leave.