

When Living in the Midst of the Unexpected We Must

Grieve Our Losses

Jesus wept. (John 11: 35 NASB)

Be in the Present Moment

"Be still, and know that I am God." (Psalm 46:10 ESV)

Seek Joy

"For the joy of the Lord is your strength." (Nehemiah 8:10 NASB)

Find God's Peace

And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus. (Philippians 4:7 NIV)

Stand Firm in Your Faith

"If you do not stand firm in your faith, you will not stand at all." (Isaiah 7:9 NIV)

Seek Gratitude

Rejoice always, pray continually, give thanks in all circumstances; for this is God's will for you in Christ Jesus. (1 Thessalonians 5:16-18 NIV)

Hope in Jesus

We have this hope as an anchor for the soul, firm and secure. (Hebrews 6:19 NIV)

Practice Good Self-Care

After He had sent the crowds away, He went up on the mountain by Himself to pray; and when it was evening, He was there alone. (Matthew 14:23 NASB)

Connect With Community

Therefore encourage one another and build each other up, just as in fact you are doing. (1 Thessalonians 5:11 NIV)

Trust in God

Trust in the Lord with all your heart and lean not on your own understanding. (Proverbs 3:5 NIV)

Be Courageous

Jesus looked at them and said, "With man this is impossible, but with God all things are possible." (Matthew 19:26 NIV)

Accept One Another

Accept one another, then, just as Christ accepted you, in order to bring praise to God. (Romans 5:7 NIV)